Annexe 2

The Primary Snapshot Jigsaw Overview

| Age Group | Being Me in My World | Celebrating Difference | Dreams & Goals | Healthy Me | Relationships | Changing Me |
|------------------------|---|--|--|---|---|--|
| Ages 3-5 (F1-F2) | Self-identity Understanding feelings Being in a classroom Being gentle Rights & responsibilities | Identifying talents Being special Families Where we live Making friends Standing up for yourself | Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals | Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety | Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend | Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations |
| Ages 5-6 | Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter | Similarities & differences Understanding bullying & knowing how to deal with it. Making new friends Celebrating the differences in everyone | Setting goals Identifying successes & achievements Learning styles Working well &celebrating Achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success | Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness | Belonging to a family Making friends / being a good friend Physical contact preferences People who help us Qualities as a friend & person Self-acknowledgement Being a good friend to myself Celebrating special relationships | Life cycles –animal & human Changes in me Changes since being a baby Respect my body & understand which parts are private Linking growing & learning Coping with change Transition |
| Ages 6-7 | Hopes & fears for the year Rights & responsibilities Rewards & consequences Safe & fair learning environment Valuing contributions Choices Recognising feelings | Assumptions & stereotypes about gender Understanding bullying Standing up for self & others Making new friends Gender diversity Celebrating difference & remaining friends | Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success | Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks & sharing food | Different types of family Physical contact boundaries Friendship & conflict Secrets Trust & appreciation Expressing appreciation for special relationships | Life cycles in nature Growing from young to old Increasing independence Differences in female & male bodies (correct terminology) Assertiveness Preparing for transition |
| Ages 7-8 | Setting personal goals Self-identity & worth Positivity in challenges Rules, rights & responsibilities Rewards & consequences Responsible choices Seeing things from others' perspectives | Families & their differences Family conflict and how to manage it (child- centred) Witnessing bullying & how to solve it Recognising how words can be hurtful Giving & receiving compliments | Difficult challenges & achieving success Dreams & ambitions New challenges Motivation & enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting | Exercise Fitness challenges Food labelling & healthy swaps Attitudes towards drugs Keeping safe & why it's important on / off line scenarios Respect for myself and others Healthy and safe choices | Family roles & responsibilities Friendship & negotiation Keeping safe online & who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family & friends | How babies grow Understanding a baby's needs Outside body changes Family stereotypes Challenging my ideas Preparing for transition |

| Age Group | Being Me in My World | Celebrating Difference | Dreams & Goals | Healthy Me | Relationships | Changing Me |
|---------------|--|--|---|---|---|---|
| Ages 8-9 | Being a part of a class team Being a school citizen Rights, responsibilities & democracy (school council) Rewards & consequences Group decision making Having a voice What motivates behaviour | Challenging assumptions Judging by appearance Accepting self & others Understanding influences Understanding bullying Problem-solving Identifying how special & unique everyone is First impressions | Hopes & dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes | Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength | Jealousy Love & loss Memories of loved ones Getting on & Falling out Showing appreciation to people & animals | Being unique Confidence in change Accepting change Preparing for transition Environmental change |
| Ages 9-10 | Planning the forthcoming year Being a citizen Rights & responsibilities Rewards & consequences How behaviour affects groups Democracy, having a voice & participating | Cultural differences & how they can cause conflict Racism Rumours & name-calling Types of bullying Material wealth & happiness Enjoying & respecting other cultures | Future dreams The importance of money Jobs & careers Dream job & how to get there Goals in different cultures Supporting others (charity) motivation | Smoking, including vaping Alcohol Alcohol & anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation & behaviour | Self-recognition & self-worth Building self-esteem Girlfriend & boyfriend Safer online communities Rights & responsibilities online Online gaming & gaming Reducing screen time Dangers of online grooming SMARRT internet safety rules | Self & body image Influence of online & media on body image Puberty for girls Puberty for boys Growing responsibility Coping with change Preparing for transition |
| Ages 10-11 | Identifying goals for the year Global citizenship Children's universal rights Feeling welcome & valued Choices, consequences & rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling | Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion / exclusion Differences as conflict, difference as celebration Empathy | Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments | Taking personal responsibility How substances affect the body Exploitation, including 'county lines' & gang culture Emotional & mental health Managing stress | Mental health Identifying mental health worries & sources of support Love & loss Managing feelings Power & control Assertiveness Technology safety Take responsibility with technology use | Self-image Body image Puberty & feelings Conception to birth Having a baby Reflections about change Physical attraction Respect & consent Boyfriends / girlfriends Sexting Transition |